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For Immediate Release

THIS PHOTO IS ALSO ATTACHED TO THIS EMAIL.



[PHOTO CAPTION: Triple H's most senior volunteer, Alison Ramos, a life-long equestrian, is pictured with Van, a quarter horse. At age 30, Van is our oldest therapy horse.]

TRIPLE H EQUITHERAPY begins a new equine therapy program for seniors which uses the unique qualities of the horse to meet the unique needs of seniors. The first *Introduction to Horsemanship* workshop will be held Tuesday, March 14th, from 1 to 4 pm at Triple H Equitherapy Center in Pipe Creek.

Just the simple act of caring for a horse increases a senior's confidence and self-worth. Their eyes brighten. Their spirits brighten. Their LIVES brighten. Just from bonding with and caring for such an awesome living creature. A relationship with a horse engages the mind, the body, the senses, and the emotions at the same time. Winston Churchill said, "There is something about the outside of a horse that is good for the inside of a man."

Please schedule your participation in advance by calling Ginger Eways at 830-510-9515



For more information, Contact Ginger Eways at 830-388-2263 or ginger@triple-h.org